



EDITION #3

# PRO ULTIMATE GYMS

MONTHLY NEWSLETTER **SEPTEMBER 2024**

what's  
**NEW?**



**HOT NEWS  
& MORE...**

< *Announcements* >

**NOW OPEN IN  
HYDERABAD  
AND  
KARNATAKA!**



**NEW SHOWROOM  
FOR PREMIUM GYM SETUPS  
10 CRORE**

**SPRINTING TOWARDS**

**100+ GYMS**

**AIMING TO COMPLETE IN 2024**

# TRAINER OF THE MONTH



**Shubham**

Pro Ultimate Gyms,  
Model Town, Ambala



**Sahil**

Pro Ultimate Gyms,  
Model Town, Ambala



**Sanover**

Pro Ultimate Gyms,  
Near Bestech Mall, Mohali



**Amarsh**

Pro Ultimate Gyms,  
Dhakoli, Zirakpur



**Rohit**

Pro Ultimate Gyms,  
Emaar, Sector 105, Mohali



**Jivanshu**

Pro Ultimate Gyms,  
Bank Square, Kharar



**Sandeep**

Pro Ultimate Gyms,  
Sector 127, Landran Road



**Gurinder**

Pro Ultimate Gyms,  
Ludhiana, Punjab



**Taranjeet**

Pro Ultimate Gyms,  
Model Town 2, New Delhi



**Harpreet**

Pro Ultimate Gyms,  
Phase 2, Mohali



**Nishu**

Pro Ultimate Gyms,  
Sector 14, Gurugram



**Lalit**

Pro Ultimate Gyms,  
Sector 14, Panchkula



**Ashwini**

Pro Ultimate Gyms,  
Sector 44, Chandigarh



# TRAINER OF THE MONTH



**Harsh**

Pro Ultimate Gyms,  
Sector 22, Chandigarh



**Abhishek**

Pro Ultimate Gyms,  
Sector 32, Chandigarh



**Rajesh**

Pro Ultimate Gyms,  
Sector 38, Chandigarh



**Rajat**

Pro Ultimate Gyms,  
Sector 46, Chandigarh



**Jatin**

Pro Ultimate Gyms,  
Sector 48, Gurugram



**Ravi**

Pro Ultimate Gyms,  
Sector 48, Gurugram



**Rakesh**

Pro Ultimate Gyms,  
Sector 67, Mohali



**Sanjeev**

Pro Ultimate Gyms,  
Sector 70, Mohali



**Prikshit**

Pro Ultimate Gyms,  
Sector 71, Mohali



**Gaurav**

Pro Ultimate Gyms,  
Sector 89, Mohali



**Priyanshu**

Pro Ultimate Gyms,  
Sector 91, Mohali



**Sarbjot**

Pro Ultimate Gyms,  
Sunny Enclave, Kharar



**Krishna Kumar**

Pro Ultimate Gyms,  
Khanpur, Punjab



**Akash**

Pro Ultimate Gyms,  
TDI Sector 117, Mohali



**Beant Singh**

Pro Ultimate Gyms,  
Phase 2, Punjab



**Mohan**

Tank's Gyms,  
Phase 5, Mohali

# BRANCH OF THE MONTH



**Pro Ultimate Gyms,  
Kapurthala, Punjab**

## AREA SALES MANAGER OF THE MONTH



**Rupali Molari**  
Pro Ultimate Gyms

## SPECIAL ACHEIVEMENT



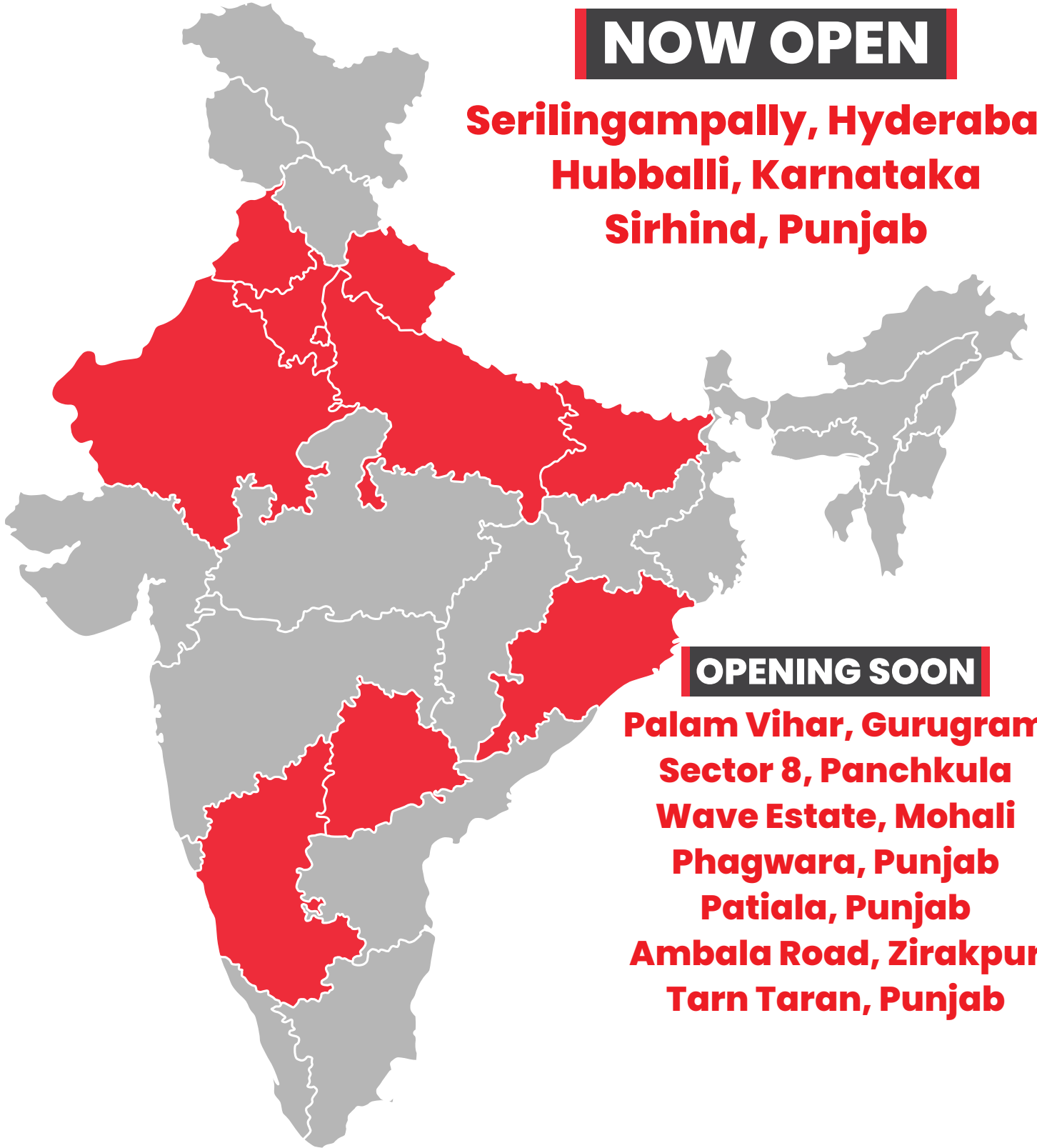
**Exceptional  
Sales Performance**  
Pro Ultimate Gyms, Mode Town 2, New Delhi



# NEW BRANCHES

**NOW OPEN**

**Serilingampally, Hyderabad**  
**Hubballi, Karnataka**  
**Sirhind, Punjab**



**OPENING SOON**

**Palam Vihar, Gurugram**  
**Sector 8, Panchkula**  
**Wave Estate, Mohali**  
**Phagwara, Punjab**  
**Patiala, Punjab**  
**Ambala Road, Zirakpur**  
**Tarn Taran, Punjab**

**FASTEST GROWING INDIAN GYM CHAIN**



# EVENTS

## SELF DEFENCE CLASS SPECIAL SESSION BY NANCY RANA

Pro Ultimate Gyms recently hosted a dynamic self-defense class at their corporate office, led by the skilled martial arts instructor Nancy Rana. The session, which focused on practical self-defense techniques, drew in employees eager to learn how to protect themselves in various situations.



Pro Ultimate Gyms expresses their gratitude to Nancy Rana for her time and expertise, emphasizing the positive impact of his tips on the entire team.



# EVENTS

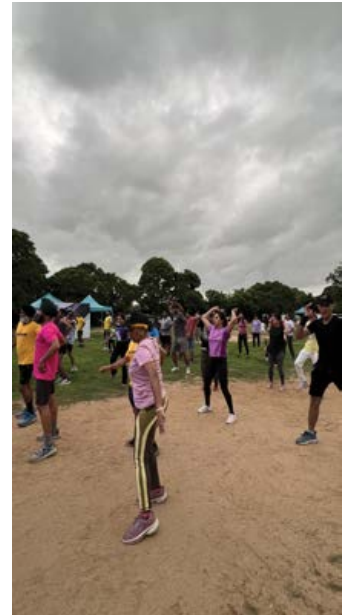
## RUN FOR FUN MARATHON

### DOCTORS LEAD THE CHARGE AT CHANDIGARH CLUB MARATHON

At the "Run for Fun" event, Pro Ultimate Gyms hosted an exciting Zumba session alongside doctors to promote health, wellness, and active living. The collaboration emphasized the importance of physical fitness. Pro Ultimate Gyms played a key role in encouraging participants to stay fit.



### CORPORATE SOCIAL RESPONSIBILITY





# EVENTS

## INDEPENDENCE DAY CELEBRATIONS AT PRO ULTIMATE GYMS

Pro Ultimate Gyms recently celebrated Independence Day with great enthusiasm across all its branches, including the corporate office. The event was marked by a series of exciting activities that brought together both staff and members to honor the nation's spirit of freedom. Each branch organized unique programs such as fitness challenges, cultural performances, , unity and pride.



**SECTOR 46, CHANDIGARH**



**SECTOR 48, GURUGRAM**



**PRO ULTIMATE GYMS  
CORPORATE OFFICE**





# TESTIMONIALS

## BY NEW FRANCHISE OWNERS



### **HARDIK**

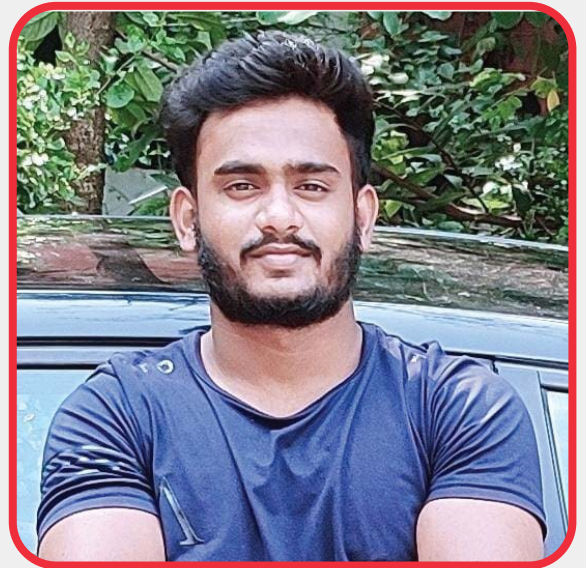
#### **MODEL TOWN, AMBALA**

As a proud partner of Pro Ultimate Gyms, my journey began as a gym trainer at bestech branch, helping clients achieve their fitness goals. After being promoted to floor manager, I gained valuable experience in gym operations and leadership. Today, I apply those insights to create a top-tier, motivating environment for our members.

### **KIRAN KAVALI**

#### **SERILINGAMPALLY, HYDERABAD**

As per my qualification I am a mechanical engineer, but I've always been passionate about fitness. I've been following pro ultimate gyms since 2020 and always wanted to be a part of it. I love the way PUG put efforts to make fitness accessible to everyone and their unique way of working. Looking forward to grow together.



WHAT'S NEW AT

# ULTIMATE GYM SOLUTIONS

NEW ON YOUTUBE



Abhishek Gagneja - Ultimate Gym Solutions  
106K subscribers

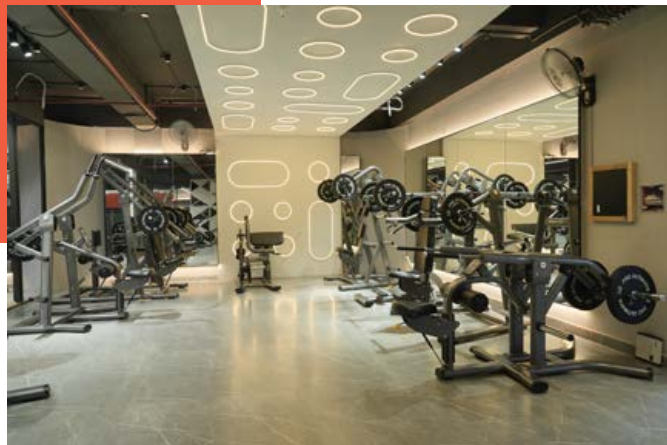
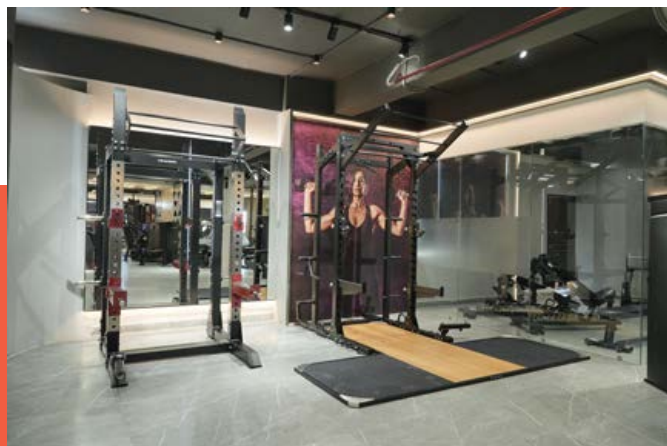
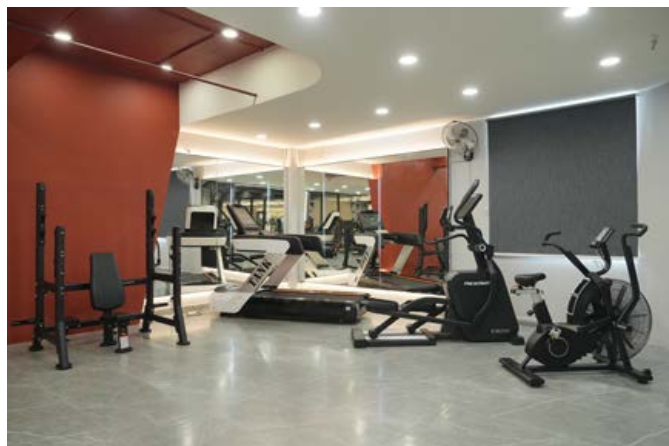


Complete Gym Setup in 10 Lakhs | Best Gym Setup under 10 Lakhs |...



USA Machines in INDIA | Gym Equipment Tour with Modern Monk |...

## NEW SHOWROOM FOR PREMIUM GYM EQUIPMENT



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## TRAINING DATES :

### Trainers Training

**21 September 2024**

(Trainers who have completed min. 6 Months with Pro Ultimate Gyms)



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